



## Smoking Cessation Clinic

City Health Office  
San Carlos City, Neg. Occ.

- Services Offered:      Counseling  
                                 Coaching  
                                 Referrals
- Clinic Schedule:        Monday-Wednesday-Friday  
                                 1:00 P.M. – 5:00 P.M.
- Contact Persons:      Arniel Laurence Q. Portuguez, MD  
                                 City Health Officer
- Carlos Ramon Q. Solidarios, RN  
                                 No Smoking Coordinator
- Jessamine C. Requieron, RN  
                                 Smoking Cessation Coordinator
- Hotline Numbers:      (034) 312-5338  
                                 (034) 312-5447  
                                 0998-574-7697